St. Michael's Guatemala Project St. Michael & All Angels Episcopal Church c/o Ila L. Abernathy, Coordinator 1343 N. Fifth Avenue Tucson, AZ 85705 (520) 623-3063, ilaa@mindspring.com

APPLICATION – SUMMER 2017 TEAMS

| Name | Agedate o | of birth | | | |
|--|----------------------------|-----------|-----------|-----------|-------------|
| Address | height | | | | |
| telephone(s) | blood pressure _ e-mail | | / | _ date | |
| Passport number | expiration date | | country | | |
| Emergency contact(s) in the United States: | | | | | |
| Name / relationship | | | | | |
| Telephone(s) with area code | | | | | |
| e-mail | | | | | |
| Contact's mailing address | | | _ | | |
| Preferred dates for team participation | | | _ | | |
| Level of Spanish (circle one): zero beginner | | | | | bilingual |
| Highest formal education | • | | | | J |
| - | | ' | | | |
| If you are a health professional, what is your fie | au? | | | | |
| TELEPHONE INTERACTION – For out-of-towr conversation, which will help refine your and our kn a team. PLEASE LIST BEST CONTACT TIMES AN | owledge of one anoth | ner and y | our decis | | • |
| TUCSON APPLICANTS: Will you commit to to potential training materials for use in the communications. | | | | | |
| GENERAL [Brief is fine. If necessary, add notes a 1. Have you spent time in a developing country? v where? | - | | | | |
| 2. What other past experiences have prepared you small team or delegation, working closely with ot | • • | ' Have y | ou ever p | participa | ited with a |

3. How do you handle physical, emotional, and mental stress? loss of privacy?

- 4. Please write and attach a short paragraph about why you would like to participate with a team.
- 5. Would you be interested in remaining with 2 or 3 others in a few targeted communities for a longer period? Spanish and prior international experience recommended.
- 6. How can you serve the Project when you return to the U.S.?
- 7. Are you comfortable working within a faith-based, non-proselytizing group?

HEALTH

1. Are you in reasonably good physical and emotional health? Do you exercise vigorously, regularly? If so, what type(s) of exercise?

[People attempting the most rigorous giras, (up to 8 hours of mountain walking daily) are advised to seek a doctor's approval.]

- 2. Any ongoing medications, physical restrictions, chronic medical, mental, or other problems? For medications, please list name and dose.
- 3. Medical insurance carrier and policy number:

 Does this insurance cover you when you are out of the United States?
- 4. Are you vegetarian? _____ Any other special dietary needs and considerations? [In the communities, we eat whatever is provided typically greens and tortillas, sometimes augmented with beans, an egg, or meat]

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SCHEDULING

Coordinator will be in Guatemala in June and July, with initial and final dates dependent in part upon others' scheduling needs. Most team members come for shorter periods.

Please think carefully about the level of physical activity you enjoy or can tolerate. You MUST be active for any circuit. Scheduling is worked out jointly with CPR leaders, but plans sometimes change due to developing needs within the communities, or to accommodate the CPR health leaders' other activities.

Area Xeputul, mountains of Chajul, Ixil Area – 3 small communities, moderately strenuous mountain walking with steep uphill climbs, streams to cross. To be combined with visits to other, more accessible communities.

Areas Cabá / Santa Clara – 7 Chajul communities, strenuous mountain walking between several – 3 or more weeks for this gira unless we divide into two groups, each doing half.

Four communities in Nebaj area, some high altitude, mostly on or near roads. One steep uphill walk.

- Zona Reína (31 de Mayo), Uspantán, el Quiché. Largest resettlement, now divided into 4 communities. Temperate to warm. May be combined with other loops. Limited vehicle access on bad roads.
- Tesorito, Patulul, Suchitepequez and Union Victoria, San Miguel Pochuta, Chimaltenango. Tesorito is in "la Boca Costa," tropical but more temperate than El Triunfo. Union Victoria is a mountain coffee plantation, approached from the Boca Costa. Both accessible by rural roads, and relatively close to one another.
- El Triunfo, Champerico, Retalhuleu, large resettlement, Pacific Coastal plain. Malaria protection a must. Accessible by road. Hot and humid. People visit the clinic from neighboring communities.

STATEMENT OF UNDERSTANDING

| accompany your final application, with original signatures and the | \$20 processing fee. If you courier up |
|---|---|
| | |
| _ If I do not stay with the group, I am fully responsible for whatever | conditions or consequences ensue. |
| in-country transportation. Estimated in-country expenses are up to \$ | 150 per week. I understand that we |
| _ I am including a non-refundable processing fee of \$20, made out to which will be applied toward my in-country donation (next line) if I country donation (next line) are line. | |
| | |
| I understand that, should I wish to obtain travelers' or emergency nealth insurance, I will do so at my own expense prior to travel. | nedical insurance apart from my usual |
| conditions stated above. I understand that levels of violence in post-weather Project will make reasonable efforts to keep me out of harm understand that sanitation, diet, housing, public transportation, and meafrom what I experience in the United States, and that the Project communities where access to services is even more limited than in of I understand that, on the Cabá, Santa Clara, and Area Xeputul giras I we medical treatment. I, and my heirs and assigns, agree not to hold liable | var Guatemala are high and that, while 's way, my safety is not assured. I edical attention are markedly different ect works in isolated, impoverished ther areas of Guatemala. Particularly, will be without access to conventional Guatemala Project, its volunteer staff, |
| | Date |
| Signature of Applicant | |
| Adults 18 to 21 years of age. | |
| | |
| | |
| Name and relationship (please print) | |
| Signature | Date |
| | If I do not stay with the group, I am fully responsible for whatever I understand that I must pay my international travel and in-country expenses are up to swill receive free hospitality within most rural communities of the members live. I am including a non-refundable processing fee of \$20, made out to which will be applied toward my in-country donation (next line) if I country will be applied toward my in-country donation (next line) if I country lift I am selected for a team, I will make a tax-deductible donation Guatemala, for unexpected in-country group expenses and medicine. I understand that, should I wish to obtain travelers' or emergency in health insurance, I will do so at my own expense prior to travel. I have made an independent, voluntary decision to join a Guatem conditions stated above. I understand that levels of violence in post-withe Project will make reasonable efforts to keep me out of harm understand that sanitation, diet, housing, public transportation, and me from what I experience in the United States, and that the Projec communities where access to services is even more limited than in of I understand that, on the Cabá, Santa Clara, and Area Xeputul giras I violence in the Cabá, Santa Clara, and Area Xeputul giras I violence in the Cabá, Santa Clara, and Area Xeputul giras I violence in the Cabá, Santa Clara, and Area Xeputul giras I violence in the Cabá, Santa Clara, and Area Xeputul giras I violence in the Cabá, Santa Clara, and Area Xeputul giras I violence in the Cabá, Santa Clara, and Area Xeputul giras I violence in the Cabá, Santa Clara, and Area Xeputul giras I violence in the Cabá, Santa Clara, and Area Acentral giras I violence in the Cabá, Santa Clara, and Area Acentral giras I violence in the Cabá, Santa Clara, and Area Acentral giras I violence in the Cabá, Santa Clara, and Area Acentral giras I violence in the Cabá, Santa Clara, and Area Acentral giras I violence in the Cabá, Santa Clara, and Area Acentral giras I violence in the Cabá, Santa Clara, and Area Acentral gira |

Youth younger than 18 accepted only under special circumstances and if accompanied by a parent.